



GREEN LIVING

Summer Club 2021

3-4 years group

Green Living is an inspirational alternative learning experience for kids, which takes place outdoors in natural settings. A place for kids to explore; discover; use their imagination; experiment; sing; dance; climb trees and the list goes on. Our programs are carefully designed to enable self-esteem, independence and creativity. We believe in the Forest School movement which encourages children's personal and emotional skills. Our aim is to build on resilience, emotional intelligence and for children to be more self-aware and empathetic towards themselves, their relationships and their environment.

Green Living looks at each child individually and moulds the sessions around the children to enable self-esteem, independence, and creativity to flourish in the fresh air. We know that contact with nature is a source of wonder and inspiration for children and it is essential to their healthy development. Our programs are based on self-directed activity, hands-on learning and collaborative play.

Our aim is to get children to enjoy the outdoors and make the most of what nature has to offer, to foster rich learning experiences and healthy living by connecting children to nature. An inspirational process that offers children opportunities to achieve, develop confidence and self-esteem.

Green Living is in its fourth year of operation and we have not only had very good feedback from both the children and the parents, we found that after attending on a regular basis, children felt more confident, independent, and as a result, had a greater sense of personal, social and environmental responsibility.

Our Summer Club opens its doors from Monday 28th June 2021 through to Fri 10th September 2021 with programs running every week between Monday to Friday. You are not obliged to book the whole 11 weeks and you are free to choose as many days and weeks as you please. Bookings are secure upon receipt of full payment upon booking.

Given the current Covid-19 situation, we will only be accepting up to 10 kids in each group. Upon every booking confirmation (with receipt of full payment), each child will be given a number in sequential order so in the event that any restrictions for smaller groups are imposed, we would have to reduce these numbers to the required levels and refund back payments to those effected.



GREEN LIVING

Summer Club 2021

3-4 years group

Programs run from 9am to 1pm offering an early drop off 8.30am and a late pick up till 2.00pm. Our daily activities for this age group will consist of the following:

- Feeding Farm Animals
- Exploring Nature
- Scavenger Hunts
- Gardening
- Cooking
- Crafts
- Painting
- Story Telling
- Music, Movement & Dance
- Kids Yoga
- Games & Water Games
- There will be a different theme every week eg: Pirates, Super heroes, Dinosaurs, Bees etc.

Important notes:

- It is advisable to send your kids with a sun hat/cap and mosquito repellent
- Please send lots of water (no sugary drinks), healthy snacks and a packed lunch. They will have a snack at 10am and lunch at noon.
- The children are going to get messy so please send them in clothes that you don't mind getting dirty. It is advisable to send your kids with closed shoes.
- We ask you to collect toilet rolls, cans, jars with lids, bottle taps, corks and cardboard boxes etc. for our craft and up-cycling projects. Ideally the children take responsibility to do this, so that they can become aware of waste and packaging and how to make better use of it.
- For our cooking sessions we will be asking you to send some ingredients with your child. You may wish to involve your children in preparing the required quantities to serve as an exercise for them to learn about measurement.
- There will be a minimum of one qualified first aider on site.

For further information, you may contact:

Nadine Davies M: (356) 7901 3634 E: info@greenlivingmalta.com



GREEN LIVING

Summer Club 2021

5-6 years group

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Green Living looks at each child individually and moulds the sessions around the children to enable self-esteem, independence, and creativity to flourish in the fresh air. We know that contact with nature is a source of wonder and inspiration for children and it is essential to their healthy development. Our programs are based on self-directed activity, hands-on learning and collaborative play.

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GREEN LIVING

Summer Club 2021

5-6 years group

Programs run from 9am to 1pm offering an early drop off 8.30am and a late pick up till 2.00pm. Our daily activities for this age group will consist of the following:

- Feeding Farm Animals
- Exploring Nature
- Scavenger Hunts
- Gardening
- Cooking
- Crafts
- Painting
- Story Telling
- Music, Movement & Dance
- Kids Yoga
- Games & Water Games
- There will be a different theme every week eg: Pirates, Super heroes, Dinosaurs, Bees etc.

Important notes:

- It is advisable to send your kids with a sun hat/cap and mosquito repellent
- Please send lots of water (no sugary drinks), healthy snacks and a packed lunch. They will have a snack at 10am and lunch at noon.
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GREEN LIVING

Summer Club 2021

7-9 years group

At Green Living, children have the freedom to explore, play, build, create, imagine, and use their senses to experience the outdoor environment and engage with one another. Our programs encourage children to think creatively and stimulate imaginative play through hands-on engagement with the natural environment.

We are trying to build an institution where we can empower children to grow into strong, resilient, creative, independent individuals with a connection to the trueness of life.

Our aim is to get children to enjoy the outdoors and make the most of what nature has to offer, to foster rich learning experiences and healthy living by connecting children to nature. An inspirational process that offers children opportunities to achieve, develop confidence and self-esteem.

Green Living is in its fourth year of operation and we have not only had very good feedback from both the children and the parents, we found that after attending on a regular basis, children felt more confident, independent, and as a result, had a greater sense of personal, social and environmental responsibility.

This year the children will be introduced to safe techniques for using tools, such as hammers and saws. This will be done in pairs, encouraging communication, cooperation and respect. They will also be taught how to have a safe and responsible attitude towards fire, which is slowly introduced over the course of the sessions, building up to cooking a meal on the fire.

We believe that sustenance is an important component in helping children live a strong healthy life and we are eager to share our passion of whole foods with the children. We hope to instill in them an appreciation of food and share our recipes, which include lots of vegetables and fruits, staples in our diets.

The sessions are carefully planned to engage and inspire the kids and allow for them to be introduced to lifelong skills that will gear them towards a mentally, physical, emotionally, socially and spiritually balanced future.

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GREEN LIVING

Summer Club 2021

7-9 years group

Monday: Nature and Crafts

Gardening, Herbs, Wild Plants, Worm Compost, Soil Erosion, Saving water, caring for - planting, pruning, collecting fruit, Gathering crops, tree planting, Caring for the environment, Caring for animals, Caring for the sea. Using various materials(wood, wire, plaster, string etc.) to create 3-D works of art.

Tuesday: Creating with food and Discovering Science

Awareness on mindful eating, creating food dishes with lots of vegetables, fruits and other natural and unprocessed ingredients. Learning about the benefits of Herbs and Wild Plants. Kids will have the chance to discover science by experimenting with objects and elements.

Wednesday: Mini Kingdoms and Upcycling Explore & Create

Discovering creatures and finding out their habitats, why they look the way they do, how they move and how they benefit the earth as well as ways we can help create a creature friendly environment. Using various objects that would otherwise have been thrown away and using the creative side of the brain to see potential uses for them and create useful objects or create works of Art.

Thursday: Living off the Land and Woodcraft

Learning basic wilderness survival skills is about exploring foundational concepts that give students self-confidence and knowledge to use in future decision-making. From building a fire and shelter, to obtaining clean water, students can engage in these hands-on wilderness survival concepts outdoors. Kids will be introduced on how to use basic wood tools – learning about safety and empowering them to create something overcoming any obstacles that they may encounter while learning resilience through trial and error.

Friday: Pilates / Yoga and Design and Crafts

Alternate weeks – to enhance Self-awareness, importance of investing time in oneself and learning about tools that can be used to reduce stress and deal with anxiety. Design and Crafts – becoming creative with Colours, Textures, Shapes and learning the basics of Design.



GREEN LIVING

Summer Club 2021

7-9 years group

ALL THE ABOVE ARE SUBJECT TO CHANGE – THERE MAY BE ALLOTTED TIMES WHERE THE CHILDREN CAN PLAY FREELY AS WELL AS TAKE PART ON LARGE SCALE PROJECTS THAT PROMOTES TEAM WORK.

There will be a minimum of one first aider on site.

A parent's meeting will be held just before the commencement of the summer club. Date to be announced.

Important notes:

- It is advisable to send your kids with a sun hat/cap and mosquito repellent · Please send lots of water (no sugary drinks), healthy snacks and a packed lunch. They will have a snack at 10am and lunch at noon.
- The children are going to get messy so please send them in clothes that you don't mind getting dirty. It is advisable to send your kids with closed shoes.
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- For our cooking sessions we will be asking you to send some ingredients with your child. You may wish to involve your children in preparing the required quantities to serve as an exercise for them to learn about measurement.
- Outings – We will be taking the kids down to the beach to appreciate other elements of nature as well as the flora, fauna and creatures that live there, so we will ask you to pay something extra to cover transport costs. Parents are welcome to join on these days.

For bookings and information you may contact:

Nadine DaviesM: (356) 7901 3634E: info@greenlivingmalta.com



Summer Club 2021 10 years Plus Group

In a constantly changing environment, having the essential skills required to succeed is equally important as being able to meet the challenges of everyday life. The dramatic changes in global economies over the past five years have been matched with the transformation in technology and these are all impacting on education, the workplace and our home life. To cope with the increasing pace and change of modern life, students need new life skills.

We are facing uncharted territory as we raise our kids in the remarkable rich and increasingly complicated digital age. At Green Living, we want to be your partner as you raise a happy, healthy and confident teenager. There's a whole big, wonderful world outside that is easy to miss in our electronic-filled world. Green Living provides an environment for our kids to take steps outside their comfort zone in a supportive and fun environment.

Green Living is all about making memories, fostering lifelong friendships and creating more confident and capable young men and women. Our aim is for our kids to discover the best of themselves and we believe that the great outdoors is just the way to do it.

Our programs and our extraordinary natural setting inspire kids to have a greater understanding of themselves and their environment. The nature of the experience makes it a natural way to improve creative thinking, problem-solving, innovation, creativity, communication and collaboration - skills necessary for future success.

We strive to finding a balance between being true to our ethos allowing children to be children as well as trying to build an institution where we can empower children to grow into strong, resilient, creative and independent individuals with a connection to the trueness of life.

We make the connection between school and the world of work, enabling young people to develop the knowledge and attitudes they need to succeed.

We wish for each person an enduring sense of wonder and a lifelong instinct for the beauty and magic that is all about us in the natural world—bringing forth refreshing new skills and approach to life ☺

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GREEN LIVING

Summer Club 2021 10 years Plus Group

Monday: Yoga and Upcycling

To enhance Self-awareness, importance of investing time in oneself and learning about tools that can be used to reduce stress and deal with anxiety. Using various objects that would be otherwise have been thrown away and using the creative side of the brain to see potential uses for them and create useful objects or create works of Art.

Tuesday: Gardening and Woodcraft

Herbs, Wild Plants, Worm Compost, Soil Erosion, Saving water, caring for - planting, pruning, collecting fruit, Gathering crops, tree planting, Caring for the environment, Caring for animals, Caring for the sea, caring for animals. Kids will be introduced on how to use basic wood tools – learning about safety and empowering them to create something, overcoming any obstacles that they may encounter while learning resilience through trial and error. They will be working on team building projects.

Wednesday: Cooking and Crafts

Awareness on mindful eating, creating food dishes with lots of vegetables, fruits and other natural and unprocessed ingredients. Learning about the benefits of Herbs and Wild Plants.
Design and Crafts – becoming creative with Colours, Textures, Shapes and learning the basics of Design.

Thursday: Survival Skills & Personal Development skills and Upcycling

These workshops will alternate every week

Survival Skills: Learning basic survival skills is about exploring foundational concepts that give students self-confidence and knowledge to use in future decision-making. From building a fire and shelter, to obtaining clean water, students can engage in these hands on wilderness survival concepts outdoors. Personal development skills: This workshop is Activity based, engaging, and highly participatory. Purpose: To get to know oneself better, Recognise the causes of stress: people, environment, self; Learn how to communicate in a positive way.

Friday: Pilates and Kickboxing workshops will alternate every week.

To enhance Self-awareness, importance of investing time in oneself and learning about tools that can be used to reduce stress and deal with anxiety.

THERE MAY BE ALLOTTED TIMES WHERE THE CHILDREN CAN PLAY FREELY AS WELL AS TAKE PART ON LARGE SCALE PROJECTS THAT PROMOTES TEAM WORK



GREEN LIVING

Summer Club 2021 10 years Plus Group

Our programs will be focused on key skills such as:

- Communication
- Confidence
- Self-expression
- Self-Initiative
- Problem-solving
- Teamwork
- Resilience

What the kids will gain:

- The ability to self-manage, solve problems
- Working well as part of a team
- Time management
- The potential to lead by influence
- Learn New skills

There will be a minimum of one first aider on site.

A parent's meeting will be held just before the commencement of the summer club. Date to be announced.

Important notes:

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- For our cooking sessions we will be asking you to send some ingredients with your child. You may wish to involve your children in preparing the required quantities to serve as an exercise for them to learn about measurement.
- Outings – We will be taking the kids down to the beach to appreciate other elements of nature as well as the flora, fauna and creatures that live there, so we will ask you to pay something extra to cover transport costs. Parents are welcome to join on these days. We also be taking them horse riding and will also be organizing two weekend camping retreats at an additional cost, for all those who may be interested.

For bookings and information you may contact:

Nadine Davies M: (356) 7901 3634 E: info@greenlivingmalta.com



GREEN LIVING

Green Living Summer Club 2021 Price List

Group A - 3 to 4 years

1 to 2 days per week @ €20 per day

3 to 4 days per week @ €16 per day

5 days per week @ €13 per day

Group B - 5 to 6 years

1 to 2 days per week @ €20 per day

3 to 4 days per week @ €16 per day

5 days per week @ €13 per day

Group C - 7 to 9 years

1 to 2 days per week @ €22 per day

3 to 4 days per week @ €18 per day

5 days per week @ €15 per day

Group D - 10 years +

1 to 2 days per week @ €24 per day

3 to 4 days per week @ €20 per day

5 days per week @ €17 per day

- Bookings are accepted for as many days and weeks as you please.
- A 10% discount applies for siblings.
- Extra Hours for Early drop off and Late pick up are charged at €5 per hr.

For more information you may contact Green Living Malta on Facebook or call Nadine Davies on 79013634